

Northern Kentucky University Department of Campus Recreation
CAMPUS RECREATION CENTER POLICIES
2008-2009

Purpose

The Northern Kentucky University (NKU) Department of Campus Recreation is committed to providing safe and inviting facilities for NKU students, faculty, staff and alumni for the purpose of academics, recreation and athletics in an effort to support the University's mission. In addition, it is understood that NKU is a regional institution and is committed to serving the surrounding community when possible. Therefore, the Department of Campus Recreation has established this Campus Recreation Center Policy to provide a consistent and equitable framework for the administration of the Campus Recreation Center (CRC).

Entrance Policy

It is important that we protect the rights of everyone in the NKU community by assuring that only those individuals eligible to use our facility are allowed access. Security is one of our most important responsibilities. The Campus Recreation Center (CRC), located in the Albright Health Center, is a controlled access facility and therefore, the following entrance policies apply:

- NKU students, faculty and staff must present their NKU All-Card.
- All other members must present a current CRC membership card. Anyone under the age of 18 must be accompanied by an adult at all times.

By entering the NKU CRC, individuals agree to:

- abide by all written NKU and CRC policies.
- follow any verbal direction given by any NKU employee or CRC staff member to ensure the written word and implied intent of the policies are upheld.
- the following waiver:

“By entering this facility, you agree to abide by all policies established by Northern Kentucky University and the Department of Campus Recreation. Also, you agree that all use of Campus Recreation facilities, services and/or programs shall be at your sole risk and Campus Recreation shall not be liable for any injuries, accidents or deaths occurring to you, arising either directly or indirectly out of utilization of Campus Recreation facilities, services, and/or programs. You, as a guest of our facility, do hereby expressly release, discharge, waive, relinquish, and covenants not to sue NKU-Campus Recreation or its officers/agents for all such claims, demands, injuries, damages or cause of action, with respect to use of the Campus Recreation facilities, services and/or programs.”

General Use Policy

- Only members and sponsored guests may utilize the facility.
- Use of the facility is considered a privilege. Individuals not complying with the established policies and/or procedures may be asked to leave the facility and may have all membership privileges revoked.
- The use of tobacco is prohibited in the recreation facility.

- Gum, food and drinks are prohibited in all activity areas of the recreation facility. EXCEPTION: Water in plastic, resealable containers is allowed in the Weight Training room. Food and drinks must be kept in the vending/lounge area located in the main hallway unless written permission is given by the CRC Facility Manager.
- Outdoor sports are prohibited in the facility unless a professional staff member grants permission. This includes softball, baseball and football.
- NKU is not responsible for lost or stolen items. It is strongly recommended that members refrain from bringing valuables to the CRC. Members are encouraged to store all personal belongings in lockers.
- For safety reasons, it is recommended that hats and jewelry not be worn during any activity. Street clothing is not generally advised during activities, as it can be dangerous and confining.
- Appropriate athletic attire, such as t-shirts, shorts, warm-up suits, sweat suits or aerobic clothing, is recommended at all times during recreation.
- Shirts and shoes are required except in locker rooms and the pool.
- Appropriate athletic footwear is required in all activity areas.
- All policies outlined in the “Code of Student Rights and Responsibilities”, which can be found on the Dean of Student website - www.nku.edu/~deanstudents, will be enforced.
- The CRC is a shared recreational, academic and athletic facility. All activity areas are subject to availability. Please check posted schedules to confirm availability. The Department of Campus Recreation reserves the right to make appropriate changes to the schedule without prior notice.
- Animals are not allowed in the CRC.
- Upon request, an All-Card, membership card or photo I.D must be presented to the requesting NKU employee.
- Individuals under the age of 18 must be directly supervised at all times by an adult 18 years of age or older.

Main Activity Area

- Athletic shoes are required. Black soled shoes, cleats, street shoes, or any shoes suspected of marking or damaging the gym floor are prohibited.
- All members must wear proper footwear when on the courts. NO barefoot participation is allowed.
- No hanging on or snapping the rim. All offenders will be written up and asked to leave the facility immediately. If the rim or backboard is damaged, the member will be responsible for the repair or replacement cost.

Weight Training Room

Appropriate attire is necessary while using the equipment in the Weight Training Room. This includes gym style clothing and gym shoes.

- Street shoes, pants/shorts with zippers, belts, or metal items and denim pants/shorts are prohibited.
- Closed toe athletic shoes are required. Sandals, “flip flops”, dress shoes and boots are prohibited.

- Members are required to have a towel to wipe down equipment, benches and cardiovascular machines after use.
- The weight training room is intended for use by CRC Members **18 years of age and older**. CRC Members **13-17 years of age** may use the weight training room with direct parental supervision. No one **under the age of 13** is allowed in the weight training room for any reason.
- In an effort to keep the Weight Training Room free from clutter and protect personal property, personal belongings such as backpacks, gym bags, wallets, etc. may not be placed anywhere in the Weight Training Room. Lockers and locks are available for rental at the Equipment Issue desk.
- Members exercise at their own risk. Individuals are responsible for their own health and safety.

Running Track

- For member's safety, it is prohibited for groups to use the track with more than two individual's side-by-side.
- Observe posted running/walking direction signs.
- The two inside lanes are for joggers and the two outside lanes are for walkers.
- Faster members should move to the outside lanes (#2 jogging and #4 walking)
- Slower members should move to the inside lanes (#1 jogging and #3 walking)
- Stretching is allowed in designated areas only.
- For member's safety, do not stand or stop on any lanes of the track.
- It is prohibited to use the running track as an observation deck for the Main Activity Area at any time.
- Athletic shoes are required. Spikes, cleats or turf shoes are prohibited.

Racquetball Courts

- Racquet bumper guards and thongs are required.
- Athletic shoes are required. Black soled shoes, street shoes, or any shoes suspected of marking the gym floor are prohibited.
- No black racquetballs or handballs allowed
- Eye protection is strongly recommended and may be checked-out at the Equipment Issue desk at no cost.
- Courts 2 and 3 are equipped for Wallyball. Wallyball equipment may be checked out at Equipment Issue desk.

Racquetball Court Reservations:

- Reservations may be made by calling 572-1964 or in person at the Equipment Issue Desk during the CRC hours of operation. Court reservations can be made for the current day or one day in advance. Reservations may be taken on Friday for Saturday, Sunday, and the following Monday.
- ALL persons are restricted to one hour of play.
- ALL courts are restricted to one reservation per day per person.
- Court reservations are scheduled on the hour.

- Forfeit time is 10 minutes after the scheduled reservation time. Reservations may be cancelled with no penalty by calling at least one hour prior to the scheduled reservation.
- Court reservations are scheduled and posted at the Equipment Issue Desk.

Locker Room

- It is prohibited to hang items on the outside of a locker at any time
- It is prohibited to leave items in a locker overnight unless the locker has been rented through the Department of Campus Recreation
- Valuables should not be left in a locker at anytime.
- The Campus Recreation staff is not responsible for items left in a locker at anytime.
- It is not the responsibility of Campus Recreation to secure items remaining in a locker after the renewal date has passed.

Multi-Purpose Room

- NO ONE is permitted to use the multi-purpose room without the approval of the building supervisor.
- Athletic shoes are required. Black soled shoes, cleats, street shoes, or any shoes suspected of marking or damaging the floor are prohibited.
- Use of the multipurpose room equipment is restricted to academic classes and persons under the presence of an approved supervisor.
- No food, gum, tobacco products or drinks in the multipurpose room, except water in sealed plastic containers.

Swimming Pool

- Swimming is permitted only when an NKU lifeguard is on duty.
- Running is prohibited. Walk at all times.
- A responsible adult must accompany all youth under the age of 16.
- All users are REQUIRED to shower before entering the pool.
- Proper swimwear is required. Cut offs, gyms shorts and/or t-shirts are prohibited. Street shoes are prohibited on the pool deck.
- Infants wearing diapers must wear a waterproof brief over the diaper.
- People with open sores, skin rashes, infectious diseases, or discharges will not be permitted to enter the pool.
- Gum and adhesive bandages are not allowed in the pool area.
- Training equipment must be used in the manner for which it was intended.
- Any activity considered unsafe will be stopped, including rough play, running, pushing, dunking, excessive splashing, loud vulgar language, and/or inappropriate behaviors.
- Spitting, spouting water, or discharging bodily waste in the pool is strictly prohibited.
- Rafts and inner tubes are not allowed.
- Diving is prohibited in the shallow area.
- Food and drinks are prohibited in the pool area (exception: bottled water).
- The diving well will be closed when there is only one guard on duty.
- Lap lanes are for lap swimming only. Do not hang on lane lines or use them for support of any kind.

- During peak usage, please share lanes. Swimmers should swim with others of their ability. All swimmers should circle swim when sharing a lane with other and always swim to the right of the lane.
- Only one bounce is permitted on the diving boards. Inward dives and gainers are prohibited.
- Caution should be used when using diving boards.
- Lifeguards have the authority to switch lane lines to meet the needs of ALL guests using the pool.
- No hanging on or misuse of the water basketball goal or diving boards.

Equipment Issue Desk

- Members must present their All-Card or Picture ID to check out any item.
- The following equipment may be checked out at no cost for use in the CRC only:
 - Basketballs
 - Volleyballs
 - Soccer balls
 - Badminton racquets
 - Tennis racquets
 - Wallyball equipment
 - Jump ropes
 - Dumbbells
 - Racquetball racquets
- The following equipment may be checked out at no cost for use outside the CRC:
 - Footballs
 - Basketballs
 - Soccer balls
- Free towel service is available at the front desk and in the fitness room.
- Locks are available at the front desk to use for daily use only.
- All checked-out equipment will be inspected upon return. If damages occur, the member will be responsible for the cost of repairing or replacing the item.

Lost & Found

- NKU is not responsible for lost or stolen items.
- For your convenience, a lost and found bin is located in Equipment Issue for all items that are turned into our staff.
- Members are encouraged to store all personal belongings in lockers.
- Staff members are not permitted to hold equipment, valuables or bags for members.
- Found items should be turned in at the Equipment Issue desk.
- Inquiries regarding lost items should be directed to the Equipment Issue desk.
- Items not claimed within 30 days will be disposed of/donated to charity organization.

Guidelines for Photography and Filming

- The Campus Recreation Center is a shared use multi-purpose facility utilized for academic classes, recreational programs and athletic team practices. Out of respect for the personal privacy of the adults and minors dressed in work-out clothes and swim suits,

all photographers must obtain prior permission to take photographs or video inside the facility.

- When taking pictures by individuals or the media:
 - Photographs/video must not be used for any commercial purposes.
 - All shooting must be conducted in a safe manner.
 - Consent/release forms must be signed by all individuals included in the photos/video.
 - All shooting must be limited to the areas indicated on the release form.
 - The photograph/taping must not cause a disruption of any activities or normal operations.
 - Patron privacy and personal space must be respected at all times.
 - Any facility damage incurred during the shooting will be assessed to the photographer(s).
 - The photographers must present the release form to the Supervisor on duty prior to taking any photos or shooting any video.

Participating in activities and/or using these facilities are voluntary. NKU is not responsible for illness or injury sustained using these facilities. Each participant is encouraged to have a complete physical exam and to carry health/injury insurance.

DISCLAIMER: All policies are subject to change without prior written notice. All policy changes will be noted on the website, in the monthly newsletter and/or posted at the front desk.